

# 〈参考資料〉2000年度標準身長・標準偏差表

## 標準身長・標準偏差表(男)

暦年齢 (歳・月)	標準身長(偏差) (cm)	標準身長 -2.0SD (cm)	暦年齢 (歳・月)	標準身長(偏差) (cm)	標準身長 -2.0SD (cm)	暦年齢 (歳・月)	標準身長(偏差) (cm)	標準身長 -2.0SD (cm)	暦年齢 (歳・月)	標準身長(偏差) (cm)	標準身長 -2.0SD (cm)	暦年齢 (歳・月)	標準身長(偏差) (cm)	標準身長 -2.0SD (cm)
0-0	49.0(2.1)	44.7	4-0	100.2(3.9)	92.5	8-0	125.3(5.3)	114.7	12-0	149.1(7.6)	133.9	15-0	167.1(6.2)	154.7
0-1	53.5(2.2)	49.1	4-1	100.8(3.9)	92.9	8-1	125.8(5.3)	115.1	12-1	149.7(7.7)	134.4	15-1	167.3(6.1)	155.0
0-2	57.9(2.2)	53.4	4-2	101.3(4.0)	93.4	8-2	126.2(5.3)	115.5	12-2	150.4(7.8)	134.9	15-2	167.6(6.1)	155.4
0-3	61.4(2.2)	56.9	4-3	101.9(4.0)	93.9	8-3	126.7(5.4)	116.0	12-3	151.0(7.8)	135.3	15-3	167.8(6.0)	155.7
0-4	64.2(2.3)	59.6	4-4	102.4(4.0)	94.3	8-4	127.2(5.4)	116.4	12-4	151.6(7.9)	135.8	15-4	168.1(6.0)	156.1
0-5	66.2(2.3)	61.6	4-5	103.0(4.1)	94.8	8-5	127.6(5.4)	116.8	12-5	152.3(8.0)	136.3	15-5	168.3(5.9)	156.5
0-6	67.8(2.4)	63.1	4-6	103.5(4.1)	95.3	8-6	128.1(5.5)	117.2	12-6	152.9(8.1)	136.8	15-6	168.6(5.9)	156.8
0-7	69.2(2.4)	64.4	4-7	104.0(4.1)	95.8	8-7	128.6(5.5)	117.6	12-7	153.5(8.0)	137.4	15-7	168.7(5.9)	157.0
0-8	70.5(2.4)	65.6	4-8	104.6(4.2)	96.2	8-8	129.0(5.5)	118.0	12-8	154.1(8.0)	138.1	15-8	168.9(5.9)	157.1
0-9	71.7(2.5)	66.7	4-9	105.1(4.2)	96.7	8-9	129.5(5.5)	118.4	12-9	154.7(8.0)	138.7	15-9	169.0(5.9)	157.2
0-10	72.8(2.5)	67.8	4-10	105.6(4.3)	97.1	8-10	129.9(5.5)	118.8	12-10	155.3(7.9)	139.4	15-10	169.1(5.9)	157.4
0-11	73.9(2.5)	68.8	4-11	106.2(4.3)	97.6	8-11	130.4(5.6)	119.3	12-11	155.9(7.9)	140.0	15-11	169.2(5.8)	157.5
1-0	75.0(2.6)	69.8	5-0	106.7(4.3)	98.1	9-0	130.9(5.6)	119.7	13-0	156.5(7.9)	140.7	16-0	169.4(5.8)	157.7
1-1	76.0(2.6)	70.8	5-1	107.3(4.4)	98.5	9-1	131.3(5.6)	120.1	13-1	157.0(7.8)	141.4	16-1	169.5(5.8)	157.8
1-2	76.9(2.6)	71.6	5-2	107.8(4.4)	99.0	9-2	131.8(5.6)	120.5	13-2	157.6(7.8)	142.0	16-2	169.6(5.8)	158.0
1-3	77.8(2.7)	72.5	5-3	108.3(4.4)	99.5	9-3	132.2(5.7)	120.9	13-3	158.2(7.8)	142.7	16-3	169.7(5.8)	158.1
1-4	78.7(2.7)	73.3	5-4	108.9(4.5)	99.9	9-4	132.7(5.7)	121.3	13-4	158.8(7.8)	143.3	16-4	169.9(5.8)	158.2
1-5	79.6(2.8)	74.1	5-5	109.4(4.5)	100.4	9-5	133.1(5.7)	121.7	13-5	159.4(7.7)	144.0	16-5	170.0(5.8)	158.4
1-6	80.5(2.8)	74.9	5-6	110.0(4.5)	100.9	9-6	133.6(5.7)	122.1	13-6	160.0(7.7)	144.6	16-6	170.1(5.8)	158.5
1-7	81.4(2.8)	75.7	5-7	110.5(4.6)	101.4	9-7	134.1(5.8)	122.5	13-7	160.5(7.6)	145.3	16-7	170.2(5.8)	158.6
1-8	82.3(2.9)	76.5	5-8	111.1(4.6)	101.8	9-8	134.5(5.8)	122.9	13-8	160.9(7.5)	145.9	16-8	170.3(5.8)	158.6
1-9	83.1(2.9)	77.3	5-9	111.6(4.7)	102.3	9-9	135.0(5.8)	123.3	13-9	161.4(7.4)	146.6	16-9	170.3(5.8)	158.7
1-10	83.9(2.9)	78.0	5-10	112.2(4.7)	102.8	9-10	135.4(5.9)	123.7	13-10	161.8(7.3)	147.3	16-10	170.3(5.8)	158.7
1-11	84.7(3.0)	78.7	5-11	112.7(4.7)	103.3	9-11	135.9(5.9)	124.1	13-11	162.3(7.2)	147.9	16-11	170.4(5.8)	158.8
2-0	85.4(3.0)	79.4	6-0	113.3(4.8)	103.8	10-0	136.4(5.9)	124.5	14-0	162.8(7.1)	148.6	17-0	170.5(5.8)	158.8
2-1	86.2(3.1)	80.1	6-1	113.9(4.8)	104.3	10-1	136.8(6.0)	124.9	14-1	163.2(7.0)	149.2	17-1	170.5(5.8)	158.9
2-2	86.9(3.1)	80.7	6-2	114.5(4.8)	104.8	10-2	137.3(6.0)	125.3	14-2	163.7(6.9)	149.9	17-2	170.6(5.8)	158.9
2-3	87.6(3.1)	81.3	6-3	115.0(4.9)	105.3	10-3	137.7(6.0)	125.7	14-3	164.1(6.8)	150.5	17-3	170.6(5.8)	159.0
2-4	88.3(3.2)	81.9	6-4	115.6(4.9)	105.8	10-4	138.2(6.1)	126.1	14-4	164.6(6.7)	151.2	17-4	170.7(5.8)	159.0
2-5	88.9(3.2)	82.5	6-5	116.1(4.9)	106.3	10-5	138.6(6.1)	126.4	14-5	165.0(6.6)	151.9	17-5	170.7(5.8)	159.1
2-6	89.6(3.2)	83.1	6-6	116.7(5.0)	106.8	10-6	139.1(6.1)	126.8	14-6	165.5(6.5)	152.5	17-6	170.8(5.8)	159.1
2-7	90.2(3.3)	83.7	6-7	117.2(5.0)	107.2	10-7	139.6(6.2)	127.2	14-7	165.8(6.4)	152.9	17-7	170.8(5.8)	159.1
2-8	90.8(3.3)	84.2	6-8	117.7(5.0)	107.7	10-8	140.1(6.3)	127.5	14-8	166.0(6.4)	153.2	17-8	170.8(5.8)	159.1
2-9	91.5(3.3)	84.8	6-9	118.2(5.0)	108.1	10-9	140.7(6.4)	127.9	14-9	166.3(6.3)	153.6	17-9	170.8(5.8)	159.1
2-10	92.1(3.4)	85.3	6-10	118.6(5.0)	108.6	10-10	141.2(6.5)	128.2	14-10	166.5(6.3)	154.0	17-10	170.8(5.8)	159.1
2-11	92.7(3.4)	85.9	6-11	119.1(5.0)	109.0	10-11	141.7(6.6)	128.6	14-11	166.8(6.2)	154.3	17-11	170.8(5.8)	159.1
3-0	93.3(3.5)	86.4	7-0	119.6(5.1)	109.5	11-0	142.2(6.6)	128.9	(標準身長と標準偏差は平成12年度厚生労働省乳幼児身体発育調査報告書および平成12年度文部科学省学校保健統計調査報告書のデータより作成。監修：藤枝憲二／著者：立花克彦、加藤則子、伊藤善也) [標準身長-2.0SDは厚生労働省告示第23号より作成]					
3-1	94.0(3.5)	87.0	7-1	120.1(5.1)	110.0	11-1	142.7(6.7)	129.3						
3-2	94.6(3.5)	87.5	7-2	120.6(5.1)	110.4	11-2	143.2(6.8)	129.6						
3-3	95.1(3.6)	88.0	7-3	121.1(5.1)	110.9	11-3	143.8(6.9)	130.0						
3-4	95.7(3.6)	88.5	7-4	121.5(5.1)	111.3	11-4	144.3(7.0)	130.3						
3-5	96.3(3.6)	89.0	7-5	122.0(5.1)	111.8	11-5	144.8(7.1)	130.7						
3-6	96.9(3.7)	89.5	7-6	122.5(5.1)	112.2	11-6	145.3(7.1)	131.0						
3-7	97.5(3.7)	90.0	7-7	123.0(5.2)	112.6	11-7	145.9(7.2)	131.5						
3-8	98.0(3.7)	90.5	7-8	123.4(5.2)	113.1	11-8	146.6(7.3)	132.0						
3-9	98.6(3.8)	91.0	7-9	123.9(5.2)	113.5	11-9	147.2(7.4)	132.5						
3-10	99.1(3.8)	91.5	7-10	124.4(5.2)	113.9	11-10	147.8(7.4)	132.9						
3-11	99.7(3.9)	92.0	7-11	124.8(5.3)	114.3	11-11	148.5(7.5)	133.4						

## 標準身長・標準偏差表(女)

暦年齢 (歳・月)	標準身長(偏差) (cm)	標準身長 -2.0SD (cm)												
0-0	48.4(2.1)	44.2	4-0	99.5(3.8)	91.9	8-0	124.6(5.4)	113.9	12-0	149.6(6.3)	137.0	15-0	157.1(5.3)	146.5
0-1	52.6(2.1)	48.4	4-1	100.0(3.8)	92.4	8-1	125.1(5.4)	114.3	12-1	150.0(6.2)	137.5	15-1	157.1(5.3)	146.6
0-2	56.7(2.2)	52.4	4-2	100.6(3.9)	92.9	8-2	125.6(5.4)	114.7	12-2	150.4(6.2)	138.1	15-2	157.1(5.2)	146.6
0-3	60.0(2.2)	55.6	4-3	101.2(3.9)	93.4	8-3	126.1(5.5)	115.1	12-3	150.9(6.1)	138.6	15-3	157.2(5.2)	146.7
0-4	62.6(2.2)	58.2	4-4	101.7(3.9)	93.9	8-4	126.5(5.5)	115.5	12-4	151.3(6.1)	139.2	15-4	157.2(5.2)	146.8
0-5	64.6(2.3)	60.1	4-5	102.3(4.0)	94.3	8-5	127.0(5.5)	116.0	12-5	151.7(6.0)	139.7	15-5	157.3(5.2)	146.8
0-6	66.2(2.3)	61.6	4-6	102.8(4.0)	94.8	8-6	127.5(5.6)	116.4	12-6	152.1(5.9)	140.2	15-6	157.3(5.2)	146.9
0-7	67.5(2.3)	62.9	4-7	103.4(4.0)	95.3	8-7	128.0(5.6)	116.8	12-7	152.4(5.9)	140.6	15-7	157.3(5.2)	146.9
0-8	68.9(2.4)	64.1	4-8	103.9(4.1)	95.8	8-8	128.5(5.7)	117.2	12-8	152.6(5.8)	140.9	15-8	157.4(5.2)	146.9
0-9	70.0(2.4)	65.2	4-9	104.5(4.1)	96.3	8-9	129.0(5.7)	117.6	12-9	152.9(5.8)	141.3	15-9	157.4(5.2)	147.0
0-10	71.2(2.4)	66.3	4-10	105.0(4.1)	96.8	8-10	129.5(5.8)	118.0	12-10	153.3(5.8)	141.6	15-10	157.4(5.2)	147.0
0-11	72.3(2.5)	67.4	4-11	105.6(4.2)	97.2	8-11	130.0(5.8)	118.4	12-11	153.4(5.7)	141.9	15-11	157.5(5.2)	147.0
1-0	73.4(2.5)	68.4	5-0	106.2(4.2)	97.7	9-0	130.5(5.9)	118.8	13-0	153.6(5.7)	142.3	16-0	157.5(5.2)	147.1
1-1	74.5(2.5)	69.4	5-1	106.7(4.3)	98.2	9-1	131.0(5.9)	119.2	13-1	153.9(5.6)	142.6	16-1	157.5(5.2)	147.1
1-2	75.5(2.6)	70.3	5-2	107.3(4.3)	98.7	9-2	131.5(6.0)	119.6	13-2	154.1(5.6)	142.9	16-2	157.6(5.2)	147.1
1-3	76.5(2.6)	71.3	5-3	107.8(4.3)	99.2	9-3	132.0(6.0)	120.0	13-3	154.4(5.5)	143.3	16-3	157.6(5.2)	147.1
1-4	77.5(2.6)	72.2	5-4	108.4(4.4)	99.7	9-4	132.5(6.1)	120.4	13-4	154.6(5.5)	143.6	16-4	157.6(5.2)	147.2
1-5	78.4(2.7)	73.0	5-5	108.9(4.4)	100.1	9-5	133.0(6.1)	120.8	13-5	154.9(5.4)	144.0	16-5	157.7(5.2)	147.2
1-6	79.4(2.7)	73.9	5-6	109.5(4.4)	100.6	9-6	133.5(6.2)	121.2	13-6	155.1(5.4)	144.3	16-6	157.7(5.2)	147.2
1-7	80.3(2.8)	74.7	5-7	110.0(4.5)	101.1	9-7	134.1(6.2)	121.6	13-7	155.2(5.4)	144.5	16-7	157.7(5.2)	147.3
1-8	81.2(2.8)	75.6	5-8	110.6(4.5)	101.6	9-8	134.6(6.3)	122.1	13-8	155.4(5.4)	144.6	16-8	157.8(5.2)	147.3
1-9	82.0(2.8)	76.3	5-9	111.1(4.5)	102.0	9-9	135.2(6.3)	122.6	13-9	155.5(5.4)	144.8	16-9	157.8(5.2)	147.3
1-10	82.8(2.9)	77.1	5-10	111.6(4.6)	102.5	9-10	135.8(6.4)	123.0	13-10	155.7(5.4)	144.9	16-10	157.8(5.2)	147.4
1-11	83.5(2.9)	77.7	5-11	112.2(4.6)	103.0	9-11	136.3(6.4)	123.5	13-11	155.8(5.4)	145.1	16-11	157.9(5.2)	147.4
2-0	84.3(2.9)	78.4	6-0	112.7(4.6)	103.4	10-0	136.9(6.5)	123.9	14-0	156.0(5.4)	145.3	17-0	157.9(5.2)	147.4
2-1	85.0(3.0)	79.1	6-1	113.3(4.7)	103.9	10-1	137.5(6.5)	124.4	14-1	156.1(5.3)	145.4	17-1	157.9(5.2)	147.5
2-2	85.7(3.0)	79.7												